

## Venetian Masquerade Theme Featured at 7th Annual Go F.I.S.H.! Celebration



On March 1, 2020, we held our 7th Annual Go F.I.S.H.! fundraising event at The Sanctuary Golf Club featuring a Venetian Masquerade theme. F.I.S.H. President & CEO, Maggi Feiner states, "This is our most important fundraiser of the year, as every dollar raised goes directly back to this community. We are thrilled at the success of the evening, and humbled by the generosity of our community."

With a continual increase in demand for services, Island Giving opportunities were showcased to bring increased awareness to our programming and to give guests the opportunity to donate toward these critical programs. Auctioneer Tommy Williams led the live auction, while guests bid on seven spectacular auction items to support the organization's mission. Local talent Amy Sbarra, and accompanying pianist Stuart Shelton, entertained guests jazz, swing and standard favorite performances.

"This fun-filled evening helped to raise funds and awareness for F.I.S.H. OF SANCAP, an organization that is near and dear to our hearts," stated Pat and Mike Boris, Honorary Event Chairs. "We always look forward to and enjoy this magnificent evening with those that support F.I.S.H. and our community." Guests learned about the clients of F.I.S.H. through testimonials provided by those served and read by Maria Espinoza, Food Programs Director and Kathy Monroe, Program Director. A video and speeches by Maggi Feiner, President & CEO and Alicia Tighe, Executive Director, informed guests about their important 2019 accomplishments and future plans for programming and growth.

Live auction packages included:

- A 'Gondola of Wine', with over 50 bottles of fine wine;
- A Roberto Coin three station necklace with diamonds, set in 18K white gold
- A private tour for up to 10 people at the Robert Rauschenberg Foundation's Rauschenberg Residency located on Captiva Island complete with wine and hors d'oeuvres
- Dinner for eight individuals at the historic Captiva House with a libations gift certificate
- An 'Outback Tour', a personal behind-the-scenes tour on conservation land not open to the public, for up to 8 individuals with SCCF CEO Ryan Orgera followed by dinner at Malia Island Fusion Restaurant complete with libations gift certificate
- A 3-night stay in a 2-bedroom Villa; green fees & cart fees for 2 rounds of golf for a foursome and restaurant gift certificate.
- VIP Rockefeller Christmas tree lighting experience with a private viewing, cocktail reception, gourmet seated dinner and live entertainment, along with two nights at the Archer Hotel paired with an AVA Casual restaurant /rooftop bar gift certificate.

### MARCH 2020

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### MARCH OFFERINGS

#### COMMUNITY

Fri., Mar. 6 **VITA Tax Prep.**  
@F.I.S.H. Walk-In Center  
9:00am-1:00pm

#### COMMUNITY

Tues., Mar. 10 **Friendly Faces Lunch** @George & Wendy's 11:30am-1:00pm

#### WORKSHOP

Wed., Mar. 11 **Anti-Aging**  
@SMAA 10:30am-Noon

#### COMMUNITY

Thurs., Mar. 12 **VITA Tax Prep.** @Sanibel Library  
3:00pm-6:00pm

#### WORKSHOP

Wed., Mar. 18 **Taking Care of Financial Health**  
@FSMAA 5:30pm-7:00pm

#### COMMUNITY

Thurs., Mar. 19 **VITA Tax Prep.** @Sanibel Library  
3:00pm-6:00pm

#### WORKSHOP

Mon., Mar. 30 **Chats with Dubin** @Congregational Church by appt. between 9:00am-3:00pm

#### WORKSHOP

Tues., Mar. 31 **Chats with Dubin** @Congregational Church by appt. between 9:00am-3:00pm





# 2020 Go F.I.S.H.! Celebration

Thank you to everyone for making our 7th Annual Go F.I.S.H.! Celebration a success!

**For information on our 2021 Go F.I.S.H.! event , please contact.**

Maggi Feiner, President & CEO or Alicia Tighe, Executive Director, at 239-472-4775

## **Tarpon F.I.S.H.**

Maggi and Don Feiner  
Pat and Frank Middendorf

## **Angel F.I.S.H.**

Kay and John Morse

## **Big F.I.S.H.**

Foundation for the Carolinas  
Mary and Jim Nelson  
Ellen and Dave Raisbeck  
Sheridan and Dick Snell  
The Sanctuary Golf Club  
Foundation  
Kathy and Bob Wiesemann

## **Blue F.I.S.H.**

Barbara and Todd Bluedorn  
Pat and Mike Boris  
Dixie and Robert Bowden  
Vibeke and Gustav Christensen  
Congress Jewelers  
Barbara and Tom Dunham  
Fernandez Family Foundation  
Inky and Jack Meng  
Antonette and Bruce McDonald  
Lisa Ann and Bob Miller  
Julie and Tim O'Neill  
RLR Investments, LLC  
Joan and Don Sherman

## **Red F.I.S.H.**

Catherine and Ed Anderson  
Barbara and Jim Brady  
Becky and Mickey Ciriello  
Cathy and Jim Cryder  
Susan and John Freund  
Gene's Books/Gene and  
Linda Massey  
Sherry and Doug Gentry  
JoAnn and Bob Glick  
Mariel and Porter Goss  
Kris and Bruce Gurall  
Hall Family Foundation  
Heidrick and Company Insurance  
Susan and George Heisler  
Island Interiors of Sanibel  
Ann and George Keches  
Kym Mason/Island Interiors  
of Sanibel

Jerry and Steve Mihaly  
Nancy and Chip Roach  
Lucy and Paul Roth  
Sanibel-Captiva Kiwanis  
Foundation  
Marilee and Michael Wood

## **Gold F.I.S.H.**

Jan and Robert Allinder-Anestis  
Sarah Ashton and Jim Metzler  
Bank of the Islands  
Clair Beckmann  
Margie and Michael Bennett

Susen and Jim Berg  
Pat and Keith Campbell  
Fay and Jack Chestnut  
Patti Chipman  
Linda and Gordon Coons  
Billye and Ralph Curtis  
Dorothy Donaldson and  
Aaron Cohen  
Laura DeBruce and  
Jeffrey Blackman  
Jean and John Halligan  
Betsy and Taylor Hay  
Jensen's Marina

Michael Kelly  
Helen and Chuck Kettman  
Kim and Ken Kouril  
Barbara and Robin Lee  
Marilyn and Richard Lewis  
Michelle and Chris Millard  
Emily and Dick Muench  
Canella and Michael Mullins  
Pam and Bob Norton  
Pfeifer Realty Group  
Nathalie and Richard Pyle  
Nancy and Don Rolley  
Kathy and Jeff Samson  
Sanibel Captiva Trust Company  
Linda Scherer  
Barbara and Garry Scheuring  
Laurie Shannon  
Judie and Tom Sharbaugh  
Patty and Jim Sprinkle  
The Tommy and Trudy  
Williams Foundation

## **Special Thanks To**

Pat and Mike Boris, Honorary  
Chairs

## **Supporters**

Jan and Robert Allinder-Anestis  
Bailey's General Store  
Sam Boren and Steve King  
Jerry Edelman  
Maggi and Don Feiner  
Sherry and Doug Gentry  
Carol and Adair Heath  
Ann and George Keches  
Lo and David Leatherwood  
Malia Island Fusion Cuisine  
Gasparilla Inn  
Lynn and Tom Meline  
Kay and John Morse  
Pam and Bob Norton  
Robert Rauschenberg Foundation  
SCCF  
Sanibel-Captiva Beach Resorts  
Judie and Tom Sharbaugh  
Patty and Jim Sprinkle  
Gretchen Watkins  
Ann-Marie Wildman



[www.FishOfSanCap.org](http://www.FishOfSanCap.org)

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# 2020 Go F.I.S.H.! Celebration

Thank you to everyone for making our 7th Annual Go F.I.S.H.! Celebration a success!



For additional  
Go F.I.S.H. photos, [visit our website](#)



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# Neighbors Helping Neighbors You Make It Possible

## Community Partner of the Month — Thank You!

**Chuck Bergstrom, Realtor®**, is the sponsor of our awareness ads for the first two quarters of 2020. Originally from Chicago, he is a full time resident and an award-winning Realtor® who specializes in Island properties. His prior professional career includes a background in accounting and finance, being self-employed in the City of Chicago's financial district. As an owner of many Island properties over the years, his expertise in renovation and remodeling has provided an additional dimension for clients. Chuck is a member of the Sanibel Captiva Association of Realtors, the Florida Association of Realtors, and the National Association of Realtors.

For information, please visit [sanibelcaptivarealestateguide.com](http://sanibelcaptivarealestateguide.com)



## 2020 Annual Meeting Recap

Our annual meeting and volunteer recognition luncheon, held February 19 at The Sanibel Community House included The Big Arts Chorus who entertained guests prior lunch, catered by Sanibel Catering by Bailey's. We celebrated their volunteers, who tirelessly provide treasures of time, to assist island neighbors. In 2019, our volunteers provided 7,455 hours of service and drove 34,147 miles on behalf of F.I.S.H. and our neighbors.

Financial information was presented showing that 93.5% of all donations go directly to our programming. States Alicia Tighe, Executive Director, "We feel grateful every day that we are able to give our neighbors the greatest gift of all, which is to breathe a little easier knowing their community supports them. I'm proud to say that in 2019 we were able to grow our capacity to provide services in nearly all of our programs thanks to the generosity of the Sanibel and Captiva communities. Looking ahead, we are excited to continue to grow our programs not just in people-served or services offered, but to focus breadth and depth of what we're providing. In particular, we are anticipating a more multi-dimensional Food Pantry Program, considering nutrition and wellness in all products provided; targeting issues such as senior isolation and caregiver support; and creating more viable pathways for clients to become self-sufficient through our adult scholarship program."



# March Seminars & Programming

## Something For Everyone

### **F.I.S.H. Community: Complimentary Tax Return Preparation**

**Fri., Mar. 6 and 20, 9:00am-1:00pm; F.I.S.H. Walk-In Center, 2430-B Periwinkle Way, Sanibel**

*Dates and times are subject to change.*

The United Way Volunteer Income Tax Assistance (VITA) Program offers assistance for qualified taxpayers. IRS certified volunteers will be on-site providing complimentary tax return preparation for households earning \$66,000 or less per year. By appointment only.

### **F.I.S.H. Community: Friendly Faces Luncheon**

**Tues., Mar. 10, 11:30am-1:00pm; George & Wendy's, 2499 Periwinkle Way, Sanibel**

Meet new friends and reconnect with old ones. Held monthly on the 2nd Tuesday throughout the year, George & Wendy's Seafood Grille and F.I.S.H. host the luncheon, which is open to everyone. The \$8.00/pp price fixed lunch consists of an entrée, side, non-alcoholic drink and dessert.

**This month we will be celebrating St. Patrick's Day!**

### **F.I.S.H. Workshop: Anti-Aging: How To Live A Longer And Healthier Life**

**Wed., Mar. 11 from 10:30am-Noon; St. Michael's Church, 2304 Periwinkle Way, Sanibel**

Dr. Brian Formolo, Holistic Chiropractic Physician with San-Cap Wellness, will describe how specific dietary changes can significantly reduce the risk of health conditions such as heart attack, cancer, and diabetes. He will also demonstrate how to improve your health safely and effectively, without calorie restriction, hormone therapies or medication, and explain how slowing down the pace at which your body ages is possible.

### **F.I.S.H. Workshop: Taking Charge Of Your Financial Health**

**Wed., Mar. 18 from 5:30pm-7:00pm; St. Michael's Church, 2304 Periwinkle Way, Sanibel**

Ruben Perales, Financial Relationship Manager with Fifth Third Bank, introduces information in an interesting and interactive manner. Participants will learn how to manage debt, interpret their credit score and more. Please join us for this important, informative session.

### **F.I.S.H. Community: Complimentary Tax Return Preparation**

**Thurs. Mar. 12 and 19, 3:00-6:00pm; Sanibel Public Library, 770 Dunlop Road, Sanibel**

*Dates and times are subject to change.*

The United Way Volunteer Income Tax Assistance (VITA) Program offers assistance for qualified taxpayers. IRS certified volunteers will be on-site providing complimentary tax return preparation for households earning \$66,000 or less per year. By appointment only.

### **F.I.S.H. Community: Chats With Dubin**

**Mon. & Tues., Mar. 30 & 31, 2020; Sanibel Congregational United Church of Christ Library Room, 2050 Periwinkle Way, Sanibel, by appointment between 9:00am-3:00pm**

1:1 chats with trained, professional expert Mary Freyre, RN, Nurse Educator with Alvin A. Dubin Alzheimer's Resource Center. Conversations may be about care, behaviors, available resources, living arrangements or daily challenges facing the caregiver and loved-one. By appointment only.

**For additional information, to schedule appointments and to RSVP, please contact:  
Anthony Morales at (239) 472-4775**



# Educational Opportunities

## Anti-Aging: How to Live a Longer and Healthier Life



Dr. Brian Formolo, San-Cap Wellness, Holistic Chiropractic Physician, is offering a presentation, 'Anti-Aging: How to Live a Longer and Healthier Life' on Wednesday, March 11 from 10:30am – noon at St. Michael and All Angels Episcopal Church, 2304 Periwinkle Way, Sanibel.

Dr. Formolo will describe how specific dietary changes can significantly reduce the risk of health conditions such as heart attack, cancer, and diabetes. He will also demonstrate how to improve your health safely and effectively, without restricting calories, hormone therapies or medication, and that slowing down the pace at which your body ages is possible.

Dr. Brian Formolo is a Sanibel Island resident and a graduate of Parker College of Chiropractic. Previously, he owned and operated a boutique holistic clinic in Wisconsin for over 20 years and relocated to Sanibel where he opened San-Cap Wellness. Dr. Formolo makes health care convenient and personal by coming to your home on Sanibel or Captiva.

For information, contact Anthony Morales, 239-472-4775. For more information on San-Cap Wellness, please visit <https://sancapwellness.com/>

## Chats With Dubin



We are offering 1:1 chats with trained, professional expert Mary Freyre, RN, Nurse Educator, Alvin A. Dubin Alzheimer's Resource Center on Mon. and Tues., Mar. 30 and 31, 2020 at the Sanibel Congregational United Church of Christ Library Room, 2050 Periwinkle Way, Sanibel. This opportunity is available to residents, employees and visitors of Sanibel and Captiva who are caring for someone with Alzheimer's or a dementia-related disease and is offered by appointment only between 9:00am and 3:00pm. The Alvin A. Dubin Alzheimer's Resource Center is a United Way organization which provides assistance and support to persons with Alzheimer's and related dementia and their caregivers by offering assistance through information and referral, counseling, health education, and crisis intervention.

This is an opportunity for those caring for, or for those who may know someone with Alzheimer's or a dementia-related disease, to conduct a private, confidential conversation about their specific situation. Topics of discussion may be about care, behaviors, various resources, living arrangements or daily challenges facing the caregiver and loved-one".

For additional information and to schedule your appointment, please contact Anthony Morales at the FISH Walk-In-Center, 239-472-4775. For more information on Alvin A. Dubin Alzheimer's Resource Center, please visit <http://www.alzheimersswfl.org/index.asp>

# We Couldn't Do It Without You— Volunteer Page

## About F.I.S.H.

F.I.S.H OF SANCAP is a non-profit, staffed by more than 200 volunteers.

Professionals staff the Walk In Center and are available Mon. through Fri. to assist islanders and visitors with an array of services and programs. F.I.S.H. is Sanibel and Captiva's only 'Neighbors Helping Neighbors' organization offering a range of human services including:

- Temporary Emergency Financial Assistance
- Food Pantry
- Transportation (Non-Emergency)
- Medical Equipment Loan
- Hurricane Packets
- Hot Meals Program
- Kid's Food Backpack
- Community Seminars
- Youth Scholarships
- Referrals & Resources
- Monthly Luncheon
- **And Much More!**

*We accept donations to help stock our Food Pantry. Items must be unopened, unexpired non-perishables.*

*Other drop off sites include:*

- *Bailey's General Store*
- *Bank of the Islands*
- *Sanibel Fire Station*
- *South Seas Main Gate*

*Perishable items accepted Mon-Fri from 8am-3:30pm at the Walk-In Center*

## WE NEED YOU! Looking for great people!

Please consider our wonderful volunteer and youth community service opportunities, including phone duty, food pantry shopping, sorting and stocking, meal delivery, office work and more. Contact Maria Espinoza, 239-472-4775, for information.



## Calendar Downloads

[March Phone and WIC](#)

[March Meal Delivery](#)

## F.I.S.H. Resources

Below are online shopping links to make your generosity that much easier. An online account is required for ordering. For direct shipments to our Food Pantry, please send to F.I.S.H. c/o Food Pantry, 2430-B Periwinkle Way, Sanibel, FL 33957. Please include a gift note so we know who it's from and can acknowledge accordingly! As always, thank you for thinking of our neighbors in need.

[Amazon Prime Pantry Store](#)

[Bailey's General Store](#)

[Jerry's Foods](#)

[Publix](#)

[Walmart](#)

## Below are links to our partners:

**San-Cap Wellness** — Dr. Brian Formolo travels to your home, resort or vacation property for every visit. With more than 20-years of experience as a Holistic Chiropractic Physician, Dr. Formolo offers manual chiropractic adjustments, activator method and a variety of therapies. For information, please visit <https://sancapwellness.com/>

**Alvin A. Dubin Alzheimer's Resource Center's** mission is to provide educational, informational, and supportive resources for individuals with Alzheimer's disease and related disorders and their caregivers. For more information, please visit <http://www.alzheimersswfl.org/index.asp>